

COURSE OUTLINE

1. GENERAL

SCHOOL	SCHOOL OF SOCIAL, POLITICAL AND ECONOMIC SCIENCES		
DEPARTMENT	DEPARTMENT OF SOCIAL WORK		
LEVEL OF STUDIES	Level 6: Universities and Technological Educational Institutions		
COURSE CODE	H3-2019	SEMESTER OF STUDIES	8th semester
COURSE TITLE	SPECIAL TOPICS IN EVIDENCE-BASED AND CLINICAL PRACTICE		
INDEPENDENT TEACHING ACTIVITIES In case ECTS credits are awarded in separate parts of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded uniformly for the whole course, indicate the weekly teaching hours and the total number of credits.		WEEKLY TEACHING HOURS	CREDITS
		3	8.0
COURSE TYPE Background, General Knowledge, Scientific Area, Skills Development	General Knowledge		
PREREQUISITE COURSES			
LANGUAGE OF INSTRUCTION AND EXAMINATIONS	Greek		
COURSE OFFERED TO ERASMUS STUDENTS	YES		
COURSE WEBSITE (URL)	https://eclass.duth.gr/courses/43724/		

2. LEARNING OUTCOMES

Learning Outcomes

The learning outcomes describe the specific knowledge, skills and competences of an appropriate level that students will acquire after successfully completing the course.

Consult Appendix A:

- Description of the Level of Learning Outcomes for each cycle of studies according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 and 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Summary Guide for writing Learning Outcomes

Upon completion of the course, the student will be able to:

Define and explain the concept of evidence-based practice in social work and distinguish it from the simple application of "techniques".

Search, evaluate and synthesize scientific evidence on clinical and psychosocial issues.
 Conduct clinical assessment from a biopsychosocial, cultural and ecosystemic perspective.
 Recognize risk factors, protective factors and urgent indications in social work with individuals, families and vulnerable populations.
 Formulate a case formulation and an intervention plan in an evidence-informed and ethically justified manner.
 Select clinical and psychosocial interventions based on the request, the context, the service user's characteristics and the available evidence.
 Evaluate intervention effectiveness using outcome indicators and reflective processes.
 Apply critical thinking to diagnosis, interpretation, research evidence and organized practices.
 Document professionally clinical practice, decision-making and case progress.

General Competences

<p>Taking into account the general competences that graduates must have acquired (as listed in the Diploma Supplement and shown below), indicate which of these the course aims at:</p> <p>Search, analysis and synthesis of data and information, using the necessary technologies Adaptation to new situations Decision-making Autonomous work Team work Work in an international environment Work in an interdisciplinary environment Production of new research ideas</p>	<p>Project planning and management Respect for diversity and multiculturalism Respect for the natural environment Demonstration of social, professional and ethical responsibility and sensitivity to gender issues Exercise of criticism and self-criticism Promotion of free, creative and inductive thinking</p>
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Adaptation to new situations
 Decision-making
 Team work

3. COURSE CONTENT

Week 1: Introduction to evidence-based and clinical practice
 Definitions of evidence-based, evidence-informed and practice-informed social work. Historical development and contemporary debates. The place of evidence-based practice in contemporary social work.

Week 2: Clinical social work and professional identity
 The role of the social worker in clinical practice. Boundaries and distinctive features of clinical social work in relation to other mental health professions.

Week 3: From request to assessable clinical question
 How a practical problem is transformed into a professional question. Formulating answerable questions. Connecting needs, context and available evidence.

Week 4: Searching and critically appraising the literature
 Databases, scientific articles, systematic reviews, practice guidelines. Quality criteria for research and risk of bias.



Week 5: Clinical interview and engagement

Core clinical interview skills, active listening, empathy, history taking, professional relationship and alliance building.

Week 6: Biopsychosocial, cultural and ecosystemic assessment

Systematic assessment of the person, family and environment. Cultural context, social determinants, intersectionality, rights-based approach.

Week 7: Risk assessment and clinical safety

Assessment of risk for suicidality, violence, neglect, abuse, psychological decompensation and vulnerability. Role boundaries, referrals and interdisciplinary collaboration.

Week 8: Clinical case formulation

Synthesis of data, working hypothesis, justification of the understanding of the case and connection of assessment with the intervention plan.

Week 9: Evidence-informed interventions in social work

Introduction to evidence-informed models: CBT-informed social work, solution-focused practice, trauma-informed practice, motivational interviewing, strengths-based and relational practice.

Week 10: Ethical, anti-oppressive and culturally responsive clinical practice

Ethical dilemmas, professional boundaries, power, prejudices, cultural humility, anti-racist and anti-oppressive practice in clinical decision-making.

Week 11: Documentation, records and professional writing

Clinical recording, case notes, professional documentation, justification of decisions, protection of personal data and accountability.

Week 12: Evaluation of effectiveness and outcome monitoring

Single-case logic, measurement of change, qualitative and quantitative indicators, feedback-informed practice, reassessment and readjustment of the intervention.



Week 13: Synthesis and application to complex cases

Case presentation, literature synthesis, formulation, intervention, evaluation, reflection and supervision.

4. TEACHING and LEARNING METHODS - ASSESSMENT

MODE OF DELIVERY Face-to-face, distance learning, etc.	Face-to-face						
USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES Use of ICT in teaching, laboratory training, communication with students	Use of ICT in teaching						
TEACHING ORGANIZATION The teaching methods and modes are described in detail: lectures, seminars, laboratory exercises, fieldwork, bibliography study and analysis, tutorials, practical training, clinical practice, artistic workshop, interactive teaching, educational visits, project preparation, written assignments, artistic creation, etc. The student study hours for each learning activity are indicated, as well as non-guided study hours, so that the total workload at semester level corresponds to ECTS standards.	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Activity</th> <th style="text-align: center;">Semester Workload</th> </tr> </thead> <tbody> <tr> <td>Lectures</td> <td style="text-align: center;">240</td> </tr> <tr> <td>Total Course</td> <td style="text-align: center;">240</td> </tr> </tbody> </table>	Activity	Semester Workload	Lectures	240	Total Course	240
Activity	Semester Workload						
Lectures	240						
Total Course	240						
STUDENT ASSESSMENT Description of the assessment procedure. Assessment Language, Assessment Methods, Formative or Summative, Multiple Choice Test, Short-Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Report, Oral Examination, Public Presentation, Laboratory Work, Clinical Examination of a Patient, Artistic Interpretation, Other. Explicitly defined assessment criteria are stated and whether and where they are accessible to students.	<p>Student assessment language Greek</p> <p>Method (Formative or Summative) Summative</p> <p>Student assessment methods Percentage Written Examination with Short-Answer Questions 100</p>						

5. RECOMMENDED BIBLIOGRAPHY

Eudoxus

Drisko, J. W., & Grady, M. D. (2019). *Evidence-based practice in clinical social work* (2nd ed.). Springer.

Hepworth, D. H., Vang, P., Blakey, J. M., Schwalbe, C. S. J., Evans, C. B. R., Rooney, R. H., Rooney, G. D., & Ström-Gottfried, K. (2023). *Empowerment series: Direct social work practice: Theory and skills* (11th ed.). Cengage.

Larkin, S. J., & Schaefer, J. K. (2025). *Social work practice with individuals, families, and groups: An integrated approach*. SAGE Publications.